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Sunday School Lesson

February 23, 2025

ENTIRE CONGREGATION

THE LORD'S DAY VERSUS THE SABBATH DAY

Scripture Reading before Invocational Prayer: Matthew 5:17-20 Jesus came to fulfill.

Scripture Lesson: Mark 2:23-28 God instituted the Sabbath to benefit man by giving him a day to rest from his labors and to be a blessing to him. The Pharisees turned it into a burden and made man a slave to their countless man-made regulations. Jesus stated that He was Lord also of the Sabbath or greater than the Sabbath and thus was God. Therefore, on that authority He could reject the Pharisees regulations concerning the Sabbath and restore God's original intention for Sabbath observance to be a blessing, not a burden.

Subject: **LET NO MAN THEREFORE JUDGE YOU IN MEAT, OR IN DRINK, OR IN RESPECT OF AN HOLYDAY, OR OF THE NEW MOON, OR OF THE SABBATH DAYS.** (Colossians 2: 16) KJV

Text: Matthew 12:9-16 Is it lawful to heal on the Sabbath?

Introduction: John 5:1-18 Jesus not only had broken the Sabbath but said that God was his Father, making himself equal with God.

Luke 13:10-17 teaching on the Sabbath "Woman, thou art loosed from thine infirmity."

Luke 7:1-23 laying aside the commandments of God ye hold the traditions of men.

Genesis 1:31; 2:1-3 God ended his work which He had made, and He rested, and God blessed the seventh day and sanctified it. (cf. Exodus 20:8-11, Exodus 31:12-18, Deuteronomy 5:12-15, Numbers 15:27-36 consequences of working on the Sabbath.)

The Sabbath is observed on Saturday the seventh day of the week. Sabbath is the Hebrew word "Sabbat" which means rest or cease, and it commemorates the day God rested after creating the world, which he did in six days.

The Preparation Day: the day before the Sabbath (Luke 23:50-56.) They rested on the Sabbath in obedience to the commandment (cf. John 19:38-42; Nicodemus also.)

And when the Sabbath was past; Mark 16:1, brought sweet spices to anoint the body.

In the end of the Sabbath: Matthew 28:1-6.

THE LORD'S DAY – In commemoration of the Resurrection of Jesus Christ.

Sunday Worship is also known as first-day Sabbatarianism.

Christians began celebrating gathering on Sunday the day of Jesus resurrection, and as a celebration of the New Covenant and the fulfilling of God's promises. The shift while not explicitly commanded in scripture is reflective in passages such as Acts 20:7; Mark 16:1-6, 9-14; John 20:1-9; 1 Corinthians 16:1-2.

Upon the first day of the week. Luke 24:1-7 (cf. Matthew 28:1-7; Revelation 1:10)

Scripture does not require Christians to observe the Saturday Sabbath.

- 1) The Sabbath was the sign of the Mosaic Covenant (Exodus 31:16-17; Nehemiah 9:13-14; Ezekiel 20:11-13), whereas Christians are under the New Covenant (2 Corinthians 3:1-18; Hebrews 8:1-13);
- 2) there is no New Testament command to keep the Sabbath;
- 3) the first command to keep the Sabbath was not until the time of Moses, (Exodus 20:8);
- 4) the Jerusalem Council (Acts 15:1-32) did not order Gentiles believers to keep the Sabbath;
- 5) Paul never cautioned Christians about breaking the Sabbath; and
- 6) The New Testament explicitly teaches that Sabbath keeping was not a requirement (Romans 14:1-10, 23; Galatians 4:1-11; Colossians 2:8-22).

The Jews need to come to Christ and out of the Law. The Law was our schoolmaster to bring us to Christ that we might be justified by faith, but after faith is come, we are no longer under a tutor. Galatians 3:21-29 (cf. Matthew 5:17-18 **Christ is the fulfillment of the law and the prophets**); Acts 13:38-39; Romans 10:1-6, 12; Hebrews 8:5-8, Hebrews 10:1)

The Law was our schoolmaster because it showed and taught us that we were unable to keep it, though it was perfect and came from God. There was nothing in it to show us how to keep it (Romans 7:9-14) though the law is holy and the commandments holy and just and good. (1 Timothy 1:8-11).

“BUT I SAY UNTO YOU” Matthew 5:21-22, 27; Matthew. 6:1-8, 16; Matthew 23:1-15, 23-31, 37. The Scribes and Pharisees only put on a public show of righteousness.

We read nowhere in Scripture that God changed the Sabbath day. We worship on Sunday under Grace; it's not so much that the Jews have a different Sabbath day, but since in **Christ He is the fulfillment of the Law**; He is now our Sabbath Rest. (Psalm 95:1-11) Christ is the Rock of our Salvation: Exodus 17:1-7 **Smite the Rock**; Deuteronomy 20:1-13, Numbers 20:1-13; **Speak to the Rock**; 1 Corinthians 10:4;

John 7:37-39; Deuteronomy 3:23-28; Deuteronomy 32:4 “HE IS THE ROCK”.

We read of the believers Sabbath rest in Hebrews 3:7-19 Earthly Rest, life in the land of Cannon, Israel was to receive as their inheritance (cf. Deuteronomy 12:8-10; Joshua 21:43-45; 1 Kings 8:56). The application of this picture is to a believer's spiritual rest in the Lord, Matthew 11:28-30 come unto me, all ye that labour and are heavy laden, and I will give you rest. For believers God's rest includes His peace, confidence of salvation, reliance on His strength and **assurance of a future heavenly home, everlasting rest in Heaven** (Hebrews 4:1-11). There remaineth therefore a rest to the people of God.

Jesus is our Sabbath rest, sanctified and made Lord because He ceased from His labor on that day; "It is Finished." Jesus is our Sabbath rest in that he provides freedom from living under the law; from trying to measure up to God's righteousness in our own strength.

But the hour cometh, and now is, when the true worshipers shall worship the Father in spirit and in truth; for the Father seeketh such to worship Him. John 4:1-26. **"I that speak unto thee am he"**.

Stand fast therefore in the liberty wherewith Christ hath made us free and be not entangled again with the yoke of bondage. Whosoever of you are justified by the law; ye are fallen from grace (Galatians 5:1-6, 11). The offense of the Cross.

And I heard a voice from heaven saying unto me, Write, Blessed are the dead which die in the Lord from henceforth: Yea saith the Spirit, that they may rest from their labors; and their works do follow them (Revelation 14: 13).