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Sunday Afternoon Lesson

September 10, 2023

Confession and Prayer

Scripture Lesson: St. Matthew 6:9-13 The Lord's Prayer our model

Subject: CONFESSION IS A FUNDAMENTAL ELEMENT OF TRUE PRAYER.

Text: James 5:13-16 Confess and Pray (cf. St. John 9:1-3; 11:1-4)

Introduction: Daniel 9:1-23 (v. 20 Prayer and confession)

Lesson Outline

- 1. Psalm 32:1-6 the unburdening of the conscience by a penitent confession
- 2. Proverbs 28:13 confesseth and forsaketh them
- 3. 1 John 1:9 if we confess our sins, he is faithful and just to forgive us our sins
- 4. Romans 10:9-10 with the mouth confession is made unto salvation. The Power of confession!
- 5. Psalm 51:1-13 for I acknowledge my transgressions

Times of afflictions should be praying time. God allows afflictions that we may become more engaged in seeking him and to enquire after Him. It is necessary to exercise faith and hope under afflictions; and prayer is the appointed means to both for obtaining and increasing these graces.

A great thing we should inquire of God in the times of sickness is to pardon us from sins. Sin is often the root of sicknesses. If sin be pardoned either sickness shall be removed, or we shall experience mercy in the enduring of it.

ACTS: ADORATION, CONFESSION, THANKSGIVING AND SUPPLICATION