



GIVING

PRAYER

FASTING

The 2021 Kick Off for OCG and OCB

Operation Christmas Gift and Operation Christmas Blessing Season Begins...

Pastor Willis held the first 2021 full meeting for Operation Christmas Gift and its companion auxiliary, Operation Christmas Blessing recently. Together, these form a ministry providing community outreach to the underserved. The pictures shown are from past years. Please pray for its success and a door of utterance for the gospel.



ASPIRE TO DILIGENCE

Biblical Words of Encouragement

Faith doesn't always take you
out of the problem,
Faith takes you
through the problem.

Faith doesn't always take away the pain,
Faith gives you the ability to handle the pain.
Faith doesn't always take out of the storm,
Faith calms you in the midst of the storm.



OPERATION CHRISTMAS GIFT

"Let's Join Together to Make a Difference"

Have you ever prayed the prayer,
"Lord, please show me what I can do to work for
you."

Well, have we got a job for you!

Operation Christmas Gift needs hands and feet in
the areas of advertising, wrapping team, school
involvement team, toy drive team, silent auction
team, packaging team, distribution team, ware-
house/storage team, calling/texting clerk, and
many more!

Please contact Bro. Mauro or Sis. Teresa Rodri-
guez asap if you are interested as they are building
the teams now in preparation for this year's event.

COVENANT CURRENTS

Future Events to Keep in Prayer:

Dec. 1, 8, 15: Christmas Program Rehearsals
Dec. 11: Operation Christmas Gift Distribution
Dec. 12: Youth Christmas Recital
Dec. 19: Christmas Program



HEALTH & NUTRITION

Which Is Worse for You: Fat or Sugar?

Both fat and sugar are bad for you, says pre-
ventive cardiology dietitian Kate Patton, RD,
LD. However, we are talking about saturated
fats, trans fats and added sugars. This is where
some of the confusion lies.

More information at: <https://health.clevelandclinic.org/which-is-worse-for-you-fat-or-sugar/>

Please consult your physician before making any diet or
lifestyle changes. NCC Health & Nutrition Team



AUGUST BIRTHDAYS

**Belize Saints*

Shirley Etheridge

Florence Jarmon

Clem Bullock

Deana McHorse

Kendal Johnson

Bernard Morris

Sonya Beard

Angel Steadham

Chrishaunda Bridges

Allen Steadham

Sam Calip

Lorene Walker

Allen Davenport

Maria Edwards*

Luis Esteban

James Duncan*

Tranelle Gordon

Rosaria Kus*

*The fruit of the righteous is a tree of life; and he that winneth souls is wise.
Proverbs 11:30 KJV*