## **NCC's First Responders**

A Biblical Example of Serving God in Today's Times



1 Peter 2:13-14 KJV- Submit yourselves to every ordinance of man for the Lord's sake: whether it be to the king, as supreme; (14) Or unto governors, as unto them that are sent by him for the punishment of evildoers, and for the praise of them that do well.



When the time came for the New Covenant Church family to meet after the social distancing rules eased, our Lord led Pastor Willis to do it fulfilling the scriptures while pleasing heaven and obeying pandemic safety suggestions. We thank the Lord for our Mother of the church, Sister Lisa M. Willis, for answering the call of our Pastor and overseeing our temperature screeners program. Sister Willis makes sure that the CDC and local gov-





ernment guidelines are met before each service. Because of her work, and the team that the Lord has assembled, we are able to assemble as the Bible requires; safely and as an example to others. We thank God for Sister Willis's continued labors of love that she shows to the family of faith.



## Love Week 2021

The week leading into Valentine's Day at the New Covenant Church is called Love Week. Sister Willis and the sisterhood stated Love Week many years ago and it has become a tradition. It strengthens marriages and re-energizes the family as it is set down by the Bible. We thank the Lord for Brother and Sister Willis for their leadership in keeping the church as the last stronghold of marriage.

### **ASPIRE TO LOVE**

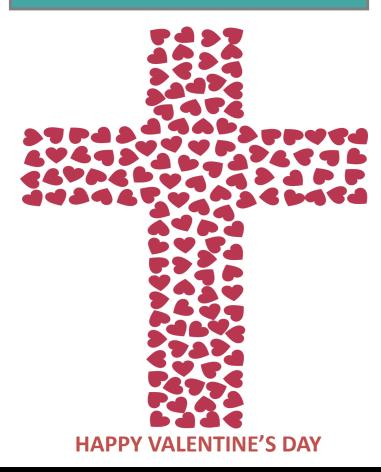
Biblical Words of Encouragement



doesn't give us what we can handle;



helps us handle what we are given.



### **COVENANT CURRENTS**

February 20, 27—Summer Youth Employment

### **HEALTH & NUTRITION**

## **IMMUNE BOOSTING FOODS**



# HIGH ZINC FOODS

- lentils
- meat
- · nuts & seeds
- shellfish



### VITAMIN C FOODS

- · all citrus fruits
- broccoli
- cauliflower
- kale
- kiwi



### **PROBIOTICS**

- kefir
- · kimchi
- kombucha
- yogurt



### **BOOSTERS**

- elderberry
- · garlic
- · local honey
- mushrooms



## HEALING SPICES

- cayenne
- cinnamon
- ginger
- turmeric



#### LIOUIDS

- apple cider vinegar
- · bone broth
- green tea
- water

**FURTHER FOOD** 



**Frances Gonzales** 

**Cedric Hatch** 

**Gloria Lopez** 

**Ira Parker** 

**Gloria Ramos** 

**Teresa Rodriguez** 

Patrick Calip, Sr.

**Betty Hill** 

**Caprice Boxton** 

**David Williams** 

Diana Johnson

**Teresa Bridges** 

John Davenport

**Kamille Featherson** 

**Jennifer Everett** 

Michelle Higgins

**Valerie Kramer** 

**Ginger Lias** 

**Awenetria McHorse** 

**Yolanda Trejo** 

\*Amelia Cho

\*Belize Saints