



dba
New
Covenant
Church

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Sunday School Lesson

May 24, 2020

Fasting, like Giving and Prayer, was a normal part of Christian life

Scripture Reading Before Invocation Prayer: St. Matthew 5: 6, Psalm 42: 1 -2

Scripture Lesson: St. Matthew 6: 1 – 18

Subject: **THE THREE DUTIES OF EVERY CHRISTIAN ARE GIVING, PRAYER, AND FASTING**

Text: Ecclesiastes 4: 12 “a three-fold cord” giving, prayer and fasting

Introduction: St. Matthew 17: 14 – 21 this kind goeth not out but by prayer and fasting.

See: St. Matthew 10: 1, St. Mark 16: 15 – 18

Introduction

Do you ever wonder what blessings are not being released to you? What answers to prayer are not getting through? What bondages and strongholds are not being broken, because we fail to fast?

Lesson Outline

1. St. Mark 4: 10 – 20 some thirty fold, some sixty and some an hundred
2. St. Mark 2: 18 – 22 “no man putteth new wine in old bottles”. Speaks of routine religion rituals.
3. St. Luke 4: 1 – 2 afterwards hungered. (1 Peter 2: 21 Christ ,our example) (St. Luke 6: 40)
4. St. Luke 4: 1 – 13 Dethroning King Stomach, Crucifying the Flesh, destroys the dictator within
5. Genesis 3: 1 – 6 ate themselves out of God’s will, provision, protection, plan and presence.
6. Ezekiel 16: 49 – 50 Sin of Sodom – pride, gluttony, idleness, lack compassion for the poor, abundance, abominable sex acts.
7. Genesis 25: 23 – 34 sold his birthright for instant gratification a morsel of meat. (Hebrews 12: 14 – 17)
8. Numbers 11: 1– 6, 17 – 23, 31 – 34. Kib’roth-hat-ta’a-vah means the Graves of Lusts
9. Daniel 10: 1 – 13 fasting breaks the yokes of demon spirit, lust, un-forgiveness, pornography, bitterness.
10. II Chronicles 7: 13 – 14 fasting seeks God’s face, opens the door for revival and soul winning, prosperity, health, healing, restores peace of mind, reveals God’s promises waiting to be released.